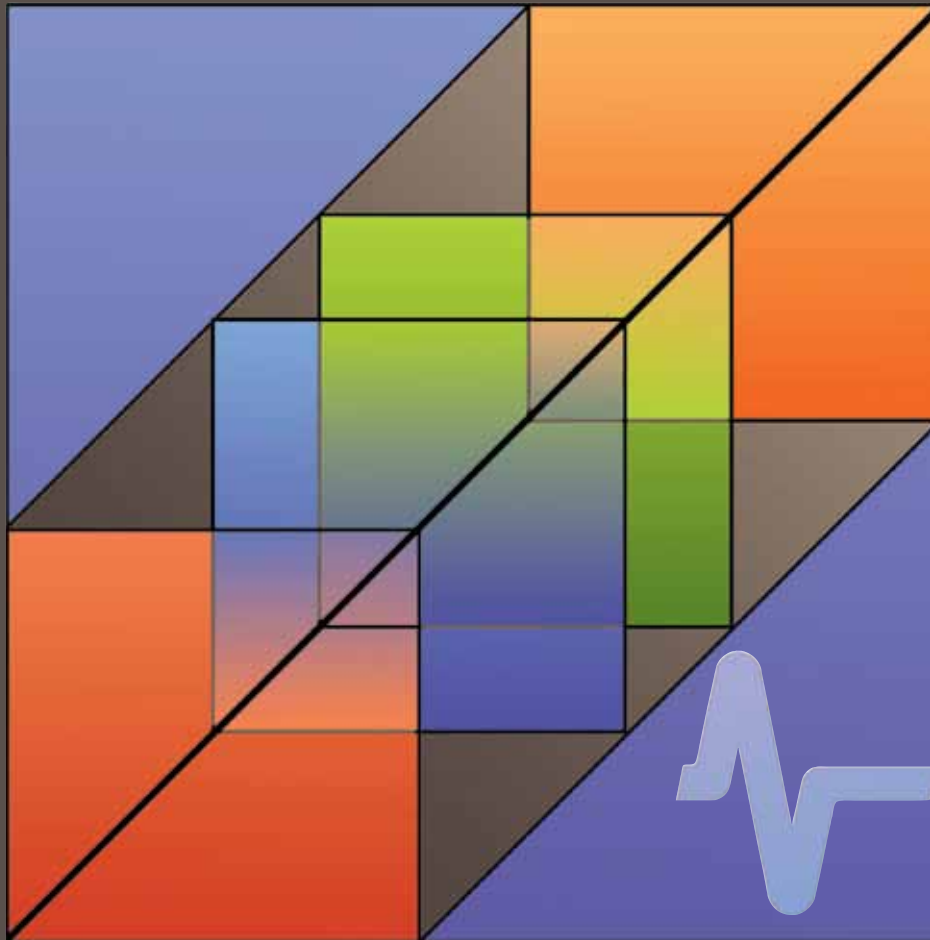


ANNUAL CONFERENCE 2011

NURSE PRACTITIONER ASSOCIATION NEW YORK STATE

INTEGRATING HEALTH CARE DELIVERY



OCTOBER 26-30, 2011
SARATOGA HILTON & CITY CENTER
SARATOGA SPRINGS, NY

An Invitation...

The Nurse Practitioner Association New York State cordially invites you to attend our 27th Annual Conference, *"Integrating Healthcare Delivery"* to be held October 26-30, 2011 at the Saratoga Hilton and Saratoga City Center, Saratoga Springs, NY.

On Wednesday and Thursday we are offering optional pre-conference Learning Labs (additional fees apply) which provide in-depth instruction and discussion. This year's conference program offers a wide variety of clinical and practice management sessions providing participants with information essential in practice.

We are pleased to welcome Eileen T. O'Grady Ph.D., RN, NP as our opening Keynote Speaker on Friday. Dr. O'Grady is a certified adult nurse practitioner and wellness coach. Currently Dr. O'Grady is a visiting professor at Pace University's Graduate School of Nursing in Manhattan where she teaches doctoral students health policy and wellness coaching. On Sunday our closing Keynote Speaker is Cathryne A. Welch, EdD, RN, nurse co-lead for the Future of Nursing – NYS Regional Action Coalition with contributing speaker Debra A. Wolff, RN, MS, PCNP who is the Project Coordinator for the Regional Action Coalition.

Be sure to visit the Exhibit Hall, which provides participants with access to resources for nurse practitioners in all specialties.

Please plan now to attend this exciting and educational event. Take advantage of this opportunity to advance your practice, gain new information, and network with your colleagues. Enjoy shopping and dining after a long day of educational sessions in beautiful Saratoga Springs, which is nationally recognized as one of America's great destination locations. Come and enjoy the beautiful fall weather with its stunning colors.

Please take some time to review the brochure and share it with one of your colleagues. We are positive that you will find this conference to be one of the best you have attended.

We look forward to seeing you at the Saratoga Hilton in October!

Sincerely,
NPA Education Committee



General Membership Meeting
Friday, October 28, 2011
4:00 pm – 5:15 pm

Table of Contents

If you have any questions, please contact the NPA office by phone at 518-348-0719 or by email at info@theNPA.org.



Conference Information _____	3
Hotel Information _____	4
Conference at a Glance _____	7
Pre-Conference Learning Labs _____	9-10
Friday Concurrent Sessions _____	11-14
Saturday Concurrent Sessions _____	14-17
Sunday Concurrent Sessions _____	18-20
Presenter Information _____	20-21
Conference Fees & Registration _____	22-24

Ways to Register



Mail:

The Nurse Practitioner Association New York State
12 Corporate Drive
Clifton Park, NY 12065



Fax:

518-348-0720



On line:

www.theNPA.org

Opening Keynote Speaker



Eileen T. O'Grady Ph.D., RN, NP

Dr. O'Grady is a certified adult nurse practitioner and wellness coach and serves as Policy Editor for the *American Journal of Nurse Practitioners*. She writes a monthly column on health policy in *Nurse Practitioner World News*. She is currently a visiting professor at Pace University's Graduate School of Nursing in Manhattan where she teaches doctoral students health policy and wellness coaching.

She has authored numerous articles and book chapters on advanced practice nursing and health policy. She has an active public speaking calendar in which she creates a compelling case for nurses, especially advanced practice nurses, to more forcefully engage in the policymaking process.

Closing Keynote Speaker



Cathryne A. Welch EdD, RN

Cathryne A. Welch, EdD, RN is the Executive Director of the Foundation of New York State Nurse and Director, Institute for Nursing – New York State Nursing Workforce Center, a non-partisan entity dedicated to ensuring an adequate supply of qualified nursing personnel in New York State. Dr. Welch is also Executive Director of Nurses House. She previously served as Executive Director of the New York State Nurses Association. She holds a diploma in nursing from the Robert Packer Hospital School of Nursing, Sayre, PA and Bachelor's, Master's and Doctoral Degrees from Teachers College, Columbia University, NY. Her extensive organizational experience has also included service on the Board of Directors of the American Nurses Association. She was the project administrator of a statewide study of "Nursing Diagnoses and Expected Outcomes in Long Term Care", funded by the National Institute for Nursing. She is currently a member of the New York State Historical Records Advisory Board and is the nurse co-lead for the Future of Nursing – NYS Regional Action Coalition.

Conference Information

Overview

The Nurse Practitioner Association New York State was established in 1980 as a non-profit organization. Since 1980, the NPA has grown financially, programmatically and increased the visibility and credibility of NPs within the healthcare community, at both the state and national levels of government, and with consumers throughout New York. The NPA is the voice of Nurse Practitioners in New York State.

It is our mission to promote high standards of healthcare delivery through the empowerment of nurse practitioners and the profession throughout New York State.

Objectives

- The purpose of this annual conference is to provide current, practical and clinically oriented evidence-based practice information presented by expert faculty in the format of concurrent sessions or learning labs to improve patient care outcomes;
- Discuss current legislation and practice issues affecting nurse practitioners; and,
- Provide opportunities for collegial networking.

Continuing Education

You have the opportunity to earn up to 35 ANCC contact hours (CH) and 24.33 pharmacology contact hours, based upon the sessions you register for (*pending application review*).

Breakdown by Day – this is the majority of contact hours and pharmacology hours you can earn per day based upon the sessions you register for.

Day	Contact Hours	Pharmacology Contact Hours
Wednesday	8	8
Thursday	8	8
Friday	7.25	2.66
Saturday	7.25	4.12
Sunday	4.5	1.55

The Nurse Practitioner Association New York State is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Upon check in at the NPA Registration desk you will be given a registrant packet. In your registration packet you will find a list of your sessions that you have registered. Retain one copy of this form for your records and return one signed copy to the NPA Registration Desk. This form will serve as your certificate.

Save Money!

The NPA and Nurses Service Organization (NSO) have partnered to save you money. In addition to continuing education sessions providing valuable knowledge about the latest topics and trends in the nurse practitioner world, they can also earn you a 10% non-cumulative discount for up to 3 years on a full-time, individual professional liability insurance policy through NSO.

Here's how:

Attend approved CE sessions at the NPA's 27th Annual Conference at the Saratoga Hilton, Saratoga Springs, NY. A list will be provided to you upon registration.

Complete at least 6 total hours of approved sessions in a subject related to an insured's area of specialization and you can save up to 10% for three years on a full-time individual professional liability policy through NSO.

You must provide a copy of the session listing, which includes the session name, number of contact hours and course date. Simply sign your **PARTICIPANT COPY** of your session listing which will be included in your Registration Packet, make a copy and submit the copy to NSO in order to receive the discount.

If you have any questions, you can contact NSO at www.nso.com/thenpa or call 1-800-521-7013.

Fees

Members of the NPA receive a substantial discount on their registration fee. If you are not currently a member of the NPA, we encourage you to join in order to take advantage of this great conference rate. For further information on member benefits go to our website www.theNPA.org or call the NPA office at 518-348-0719. Conference fees can be found on page 23 of this brochure.

Registration Confirmation

Conference registrations received via U.S. Postal service prior to October 14, 2011 will receive a confirmation in the mail. Mailed registrations received after October 14 will receive an email confirmation, if email is provided. On-line conference registrations will receive an automatic email response.

Ways to Register

Online Registration – www.theNPA.org. We encourage you to register on-line for immediate access to session availability.

Mail: The NPA, 12 Corporate Drive, Clifton Park, NY 12065

Please Note: When registering using the paper registration form, all required information must be completed and your payment must be included. Incomplete submissions will not be processed until all information and/or payment is complete. The NPA office will contact you for any additional information or changes that need to be made to your registration or payment information. All completed registration forms will be entered in the order in which they are received. Session assignments occur when the registration is entered and payment has been confirmed.

Fax: 518-348-0720

On-site Registration: On-site registration will be available if maximum session registration numbers have not been reached. Credit card, check, money order, or cash payment is required for on-site registration.

Cancellation/Refund Policy

Refunds on paid registrations will be issued for written cancellation requests postmarked by October 14, 2011. All refunds will be issued for paid registration minus a \$50.00 administrative fee or a \$25.00 administrative fee for student, student transition or retired registration. Any cancellation requests postmarked after October 14, 2011 WILL NOT BE GRANTED.

Returned Check Policy

For all checks returned to the NPA for insufficient funds an administrative fee of \$25.00 will be charged.

Pre-Conference Learning Labs

Registration for some of the learning labs is limited so that participants can receive more personalized and in-depth instruction and discussion. Please register early since requests are processed in the order in which they are received.

Syllabus

All syllabus material provided by the speakers will be available on the NPA's website prior to the conference if you wish to print

off paper copies of the sessions you registered for. A password is required to access handouts. The password will be sent to you in your confirmation letter or via email. The syllabus will also be placed on a portable device and provided to each registrant.

Exhibit Hall

The Grand Opening of the Exhibit Hall will be held Thursday, October 27 from 6:00 pm - 8:00 pm. The Exhibit Hall will remain open on Friday, October 28 from 9:00 am – 4:00 pm and will close on Saturday, October 29 at 10:45 am. Please take some time to network with the exhibitors.

Attire and Climate

During the conference most dress in business casual (khakis, slacks, sweaters, etc), and Sunday while concurrent sessions continue, you should dress comfortable for the ride home. While we attempt to keep meeting rooms at a comfortable temperature, layered clothing is suggested.

Accommodations & Travel Information

Hotel and Reservations

The NPA has reserved a block of rooms at the Saratoga Hilton. The room block will be held until September 26, 2011. After this date additional rooms can be reserved subject to space and rate availability. The Saratoga Hilton will make every effort to work with you in securing a room once the NPA's block has been released.

To reserve your room at the Saratoga Hilton:

Call 1-888-866-3596 and identify yourself as being with the Nurse Practitioner Association New York State and provide them with group code **PPIY**.

Or

Reserve your room on-line – www.thesaratogahotel.com.

Room Type and Rates:

Room Type	Single/Double	Triple	Quad
Run of House	\$179	\$194	\$209
Signature Suite	\$209	\$224	\$239
Luxury Suite	\$309	\$324	\$339

*All rooms are subject to applicable taxes and fees.

Check in time is 3:00 pm – Check out time is 11:00 am.

A Word about Our Room Block

•When the NPA plans for the Annual Conference we negotiate with the hotel to block a sufficient number of rooms at a significantly discounted rate* for attendees. We want you to feel safe and secure and to enjoy the hospitality of quality, upscale lodging, convenient to the conference center.

•In order to reserve the room block at the discounted rate, the NPA is contractually obligated to guarantee a minimum number of room nights to the Hotel. If the room block guarantee is not met, the NPA will incur significant financial penalties. This could affect future conference registration rates which the NPA strives to keep as low as possible.

•Please support our conference and your professional association by making your room reservation with the official conference hotel.

* **Please Note:** A portion of the discounted room rate is credited to the NPA to help defray conference expenses.

Transportation Information

Amtrak

Amtrak offers a 10% discount off the lowest available rail fare to Saratoga Springs, NY between October 23 – November 2, 2011. To book your reservation call Amtrak at 800- 872-7245 or contact your local travel agent. Please refer to Convention Fare Code X77G-927 when making your reservation. Conferences cannot be booked via Internet. This offer is not valid on the Auto Train and Acela service. Offer valid with Sleepers, Business Class or First Class seats with payment of the full applicable accommodation charges. Fare is valid on Amtrak Regional all departures seven days a week, except for holiday blackouts.

Please Note: The Conference Fare discount is only for attendees going to the conference.

Enterprise Rent-A-Car

The NPA is a member of the Enterprise Rent-A-Car Business Rental Program. To take advantage of the discounted rate call Enterprise at 800-RENT-A-CAR (800-736-8222) and provide them with Corporate ID# 24H3552 or log onto www.enterprise.com, type in Corporate ID# 24H3552 and pin code "nur".

Driving directions to The Saratoga Hilton

From the South: Take New York State Thruway (I-87 North) to exit 24. Take Adirondack Northway (I-87) to exit 15. Turn left off exit. At the 5th traffic light, turn left onto Rock Street. At stop sign turn right onto Maple Ave. The hotel parking lot is on your right.

From the East: Take Massachusetts turnpike-West to New York Thruway, take exit B-1 (I-90 Bypass) to I-787 North for approximately 6 miles to Route 7-west for approximately 2 miles to Adirondack Northway (I-87) for approximately 22 miles to exit 15. Turn left off exit. At the 5th traffic light, turn left onto Rock Street. At stop sign turn right onto Maple Ave. The hotel parking lot is on your right.

From the West: Take New York State Thruway (I-90 East to exit 24). Take Adirondack Northway (I-87 North) to exit 15. Take left at exit. At the 5th traffic light turn left onto Rock Street. At stop sign, turn right onto Maple Ave. The hotel parking lot is on your right.

From the North: Take Adirondack Northway (I-87) South) to exit 15. Take right at exit. At the 4th traffic light turn left onto Rock Street. At stop sign, turn right onto Maple Ave. The hotel parking lot is on your right.

From Albany International Airport (ALB): Turn left out of the airport parking lot onto Albany-Shaker Road. Drive approximately 1.5 miles to the Adirondack Northway (I-87). Take I-87 North to exit 15. Turn left off the exit. At the fifth traffic light, turn left onto Rock Street. At the stop sign, turn right onto Maple Avenue. The hotel parking lot will be on your right.

Call for Abstracts (Poster Session)

The NPA is issuing a call for posters for our annual conference. The poster session will provide nurse practitioners with the opportunity to report ongoing and completed research utilization projects, clinical projects, evidence based practices and best practices. We encourage students of NP, Ph.D., and DNP programs to submit abstracts for the poster session. Students may want to work with their faculty advisors in preparing the posters.

Requirements:

- 1). All poster presenters must be a current member of the NPA and
- 2). Must be registered for the conference

Poster presentations can be for:

- 1). Completed research, research in progress, methodological papers, or theoretical perspectives for research design
- 2). Administration, education, informatics, ethics, methodological, basic science, or clinical research

Abstract Guidelines:

- 1). Abstracts must be no longer than 500 words
- 2). The content described must be appropriate for a poster presentation
- 3). Research abstracts must include title and author information

continued next page

- 4). Purpose, methodology, results, and implications for NPs must be clearly identified
- 5). Please send cover letter that contains the following:
 - a). Title of Presentation
 - b). Author(s)
 - c). Names, addresses, email addresses and phone numbers of all authors
 - d). Indication of which one of the authors will serve as the contact person

Submission deadline date is October 1, 2011.

Please submit to: The Nurse Practitioner Association New York State, 12 Corporate Drive, Clifton Park, NY 12065 or electronic poster abstracts can be emailed to shubbard@theNPA.org.

Speaker Disclosures

Each participant will be informed of all speaker disclosures. This information will be printed in the participant directory, which will be distributed at the NPA registration desk upon check-in.

Photo Release Statement

The NPA may have a photographer taking photographs at numerous events during the conference. The photographs may be used in our newsletters, website, and brochures.

While attending the NPA's 27th Annual Conference take some time to Discover Saratoga in the Fall!

Saratoga Springs is nationally recognized as one of America's great destination locations. Downtown Saratoga is vibrant, thriving, historically significant and architecturally beautiful. The city enjoys a wonderfully multicultural atmosphere with its diverse cultural heritage which is visible through historical architecture, fine restaurants, and unique boutiques. There are several museums in Saratoga, such as the National Museum of Dance, the New York Military Museum, the Saratoga Automobile Museum, and many more. Other points of interest are Grant's Cottage, Saratoga National Historical Park, Saratoga Monument and more. The downtown area is a safe pedestrian environment with many eye-catching sites to keep you busy all day.

Saratoga dining is one of the Spa City's most treasured pastimes! Its reputation as a multicultural community extends to the many restaurants you will find in Saratoga Springs, offering everything from steak and seafood to incredibly flavorful ethnic menus. Saratoga Springs restaurants offer something for everyone, from an irresistible homemade muffin and fresh roasted coffee for breakfast, to some of the finest desserts available in the Northeast! There are many excellent fine dining restaurants in Saratoga Springs, along with great casual eateries, bistros and delis.

Get your dose of retail therapy as you browse trendy, upscale clothing stores in downtown Saratoga Springs with the latest fashions, and explore the elegant, one-of-a-kind boutiques scattered throughout downtown Saratoga. Browse antique and book stores, find that special piece of jewelry, fun and unique toys, or one-of-a-kind specialty gifts. You just may find that treasure you've been searching for forever in one of the distinctly unique galleries or shops! Stroll the quaint downtown, enjoy lunch at a great restaurant, and drink in the atmosphere that is uniquely Saratoga.



Discover more about Saratoga

<http://www.discoverSaratoga.org/conferences/napnys.cfm>

Conference at a Glance

Wednesday, October 26, 2011

8:00 am – 5:00 pm

LL1 Pharmacology Review for Primary Care

8:00 am – 11:00 am

LL2 Radiologic Interpretation of Chest, Cervical Spine and Shoulder

1:00 pm – 4:00 pm

LL3 Joint and Soft Tissue Injections: What, Why, How

Thursday, October 27, 2011

8:00 am – 11:00 am

LL4 The Acute Abdomen in Primary Care: What the clinician needs to know to differentiate an acute versus medical condition

LL5 Expert Exam: Practical Orthopedics – Lower Extremities

8:00 am – 5:00 pm

LL6 Antibiotics: Pharmacology Review and Clinical Uses (Primary Care)

1:00 pm – 4:00 pm

LL7 Proper E & M Coding and Documentation Update and Placing Proper Emphasis on the Medical Decision Making Process

LL8 Common Office Procedures

1:00 pm – 5:00 pm

LL9 Trauma Evaluation and Management (TEAM)

6:00 pm – 8:00 pm

Grand Opening of the Exhibit Hall

Friday, October 28, 2011

7:45 am – 8:00 am

Welcome to the Conference

8:00 am – 9:00 am

Keynote Presentation

Eileen T. O'Grady Ph.D., RN, NP

Standing Firm: Health Reform, APRN Practice, Politics and Possibilities

9:00 am – 9:30 am

Break in the Exhibit Hall

9:30 am – 10:45 am Concurrent Sessions

A1 Smoking Cessation

A2 Pillow Talk: Wake up to Sleep

A3 Understanding the Clinical Evidence that supports changes to the Child and Adolescent Immunization Schedules 2011

A4 Not All Mood Swings are Bipolar Disorder

A5 Contraception initiation for Adolescents and Young Adults

A6 Misdiagnosed IBS but really Celiac's

A7 Managing Ethical Dilemmas

11:00 am – 12:15 pm Concurrent Sessions

B1 Preventing Surgical Site Infection

B2 Wellness Coaching Skills for APRNs

B3 Issues and Trends in Adolescent Health

B4 The Moody Blues: Diagnosis and Treatment of Depression in the Older Adult

B5 Intra-Abdominal Hypertension and the Abdominal Compartment Syndrome

B6 Treating Neuropathic Pain: A Pharmacological Challenge

B7 Understanding the Clinical Evidence that supports changes to the Adult Immunization Schedule 2011

12:30 pm – 2:00 pm – Luncheon

New York State Bureau of Narcotic Enforcement

Prescription Drug Diversion Trends and the New York Prescription Monitoring Program

2:15 pm – 3:30 pm Concurrent Sessions

C1 Anticoagulants: Approved and on the Horizon

C2 Treatment of the Bariatric Patient in the Primary Care Setting

C3 Head Trauma with a Pediatric Focus

C4 Path to Intimacy, Connection, Sexual Satisfaction and Love (PICSSL) Model: A New Tool Box for Health Care Professionals

C5 Optimization of the Clinical Breast Examination

C6 Palliative Care: How to incorporate management of patients with advanced illness into Primary Care

C7 Hypnosis in Primary Care: Hocus Pocus or a Real Tool for Health Promotion?

3:30 pm – 4:00 pm

Break in the Exhibit Hall

4:00 pm – 5:15 pm

General Membership Meeting

5:15 pm – 6:00 pm

NPA Awards Ceremony and Presentations

6:00 pm – 7:00 pm

Cocktail Reception to honor the award recipients

Saturday, October 29, 2011

7:00 am – 8:15 am – Breakfast Presentation

Drug Addiction: Neurobiology and Treatment Options

8:30 am – 9:45 am Concurrent Sessions

- D1 Post-operative Complications
- D2 Managing Pain in the Primary Care Setting: Protecting your Practice
- D3 The Art of Skin and Wound Care in Children
- D4 Evaluation and Management of the Acutely Agitated Elder
- D5 Bio Identical Hormone Replacement Therapy: An Evidence Based Review
- D6 Medication Management during Transitions
- D7 Owning your own business: How to set up and maintain a successful NP-owned Practice

9:45 am – 10:45 am

Break in the Exhibit Hall

10:45 am – 12:00 pm Concurrent Sessions

- E1 Spinal Cord Injury and Management
- E2 "Stuffy Nose/Stuffy Lung": Risk Assessment, Prediction of Exacerbation, and Promotion of Control of Adults
- E3 An Overview of Child Sexual Abuse for the Nurse Practitioner
- E4 Understanding Trauma and Posttraumatic Stress Disorder (PTSD)
- E5 Cardiac Disease in Women
- E6 Work-up and Management of the Dizzy Patient
- E7 Health Literacy: Can we talk?

12:15 pm – 1:45 pm – Luncheon

NPA Legislative Update with special presentation by NSO – Healthcare Reform: Liability Implications for NYS NPs

2:00 pm – 3:15 pm Concurrent Sessions

- F1 Congestive Heart Failure: 2010 Comprehensive Practice Guidelines
- F2 COPD: Early Detection, Improved Clinical Outcomes
- F3 Lethal Weapon: The Impact of the Media on our Children
- F4 Pediatric and Adult Voice Disorders for the Primary Care Provider: A Case Study Approach
- F5 Patient Centered Medical Home, a Natural for Nurse Practitioners
- F6 Common Infections in the Older Adult
- F7 Transitioning to Nurse Practitioner Practice

3:30 pm – 4:45 pm Concurrent Session

- G1 Management of the Patient with Acute Stroke
- G2 Domestic Violence: What about the Children?
- G3 Sneezes, Wheezes and Inflammation: Managing Childhood Asthma
- G4 Hypertension: A Focus on JNC7/JNC8
- G5 Sinusitis Conditions: Do we really need Antibiotics?
- G6 Influenza: Virology, Treatment and Prevention
- G7 The Experiential Classroom: Leaving the Lecture Behind

Sunday, October 30, 2011

7:00 am – 8:15 am – Breakfast Presentation

Herbal and Nutritional Support in the Menopausal Women

8:30 am – 9:45 am Concurrent Sessions

- H1 Cardiac Diagnostic Testing: Which Test do I Order?
- H2 Treating Type 2 "What's Old and What's New"
- H3 Managing ADD/ADHD in the Primary Care Setting
- H4 Recognition and Treatment of Seizures in the Elderly
- H5 Sepsis 2011
- H6 An Evidence Based approach to Tuberculosis Screening and the Treatment of Latent Tuberculosis Infection (LTBI)
- H7 Family Centered Care: Are we there yet?

10:00 am – 11:15 am Concurrent Sessions

- I1 Safe Transitions: Assuring Patient Safety from the Hospital to Home
- I2 Anemia: Recognition and Management throughout the Lifespan
- I3 Creating a Preventive Ethical and Legal Environment in Adolescent Healthcare
- I4 Radiation Oncology: Empowering NPs on the Treatment Modalities
- I5 Fibromyalgia Update
- I6 Diagnosis and Management
- I7 Update on Osteoporosis: Treating the Bones to avoid the Moans and Groans of Alzheimer's Disease in Primary Care Practice 2011

11:30 am – 12:30 pm

Closing Keynote

Cathryne A. Welch, EdD, RN

The Future of Nursing – NYS: Transforming Healthcare

Program Highlights

Wednesday, October 26

Pre-conference Learning Labs

Thursday, October 27

Pre-conference Learning Labs

Grand Opening of Exhibit Hall 6:00 pm – 8:00 pm -
Saratoga Springs City Center

Friday, October 28

Keynote Speaker – Eileen T. O’Grady, Ph.D., RN, NP –
Standing Firm: Health Reform, APRN Practice, Politics
and Possibilities

Concurrent Sessions

Exhibitors – Saratoga Springs City Center

Luncheon – New York State Bureau of Narcotic

Enforcement – Prescription Drug Diversion Trends and
the New York Prescription Monitoring Program

General Membership Meeting
Awards Ceremony and Presentation
Cocktail Reception to honor award recipients

Saturday, October 29

Breakfast Presentation –Drug Addiction: Neurobiology and
Treatment Options

Concurrent Sessions

Exhibitors close at 10:45 am – Saratoga Springs City Center

Luncheon – NPA Legislative Update with special
presentation by NSO

Sunday, October 30

Breakfast Presentation – Herbal and Nutritional Support in
the Menopausal Women

Concurrent Sessions

Closing Keynote – Cathryne A. Welch, EdD, RN – The Future
of Nursing – NYS: Transforming Healthcare

Pre-Conference Learning Labs

Wednesday, October 26, 2011

Registration Time: 7:30 am – 5:00 pm

8:00 am – 5:00 pm (8 CH)

(Additional fee of \$250 for learning lab, fee also includes lunch)

LL1 Pharmacology Review for Primary Care

This learning lab will be a full day of review and update of the
basic and clinical pharmacology related to cardiovascular disorders,
psychopharmacology and pain management.

(includes 8.0 pharmacology contact hours)

Alan Agins, Ph.D.

8:00 am – 11:00 am (3 CH)

(Additional fee of \$110 for learning lab)

LL2 Radiologic Interpretation of Chest, Cervical Spine and Shoulder (limited to 50 participants)

Radiographs are the most common imagine studies ordered by acute
and primary clinicians. An overview of radiographic anatomy and
a correlation to common pathologic changes of the chest cervical
spine and shoulder will be discussed. Learn a systematic approach

to ordering and interpreting normal and abnormal films in order to
validate your differential diagnosis.

Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC

1:00 pm – 4:00 pm (3 CH)

(Additional fee of \$110 for learning lab)

LL3 Joint and Soft Tissue Injections: What, Why, How (limited to 40 participants)

This procedural course of joint and soft tissue injection is composed
of valuable clinical information as well as a “hands on” experience.
Learn the diagnostic and therapeutic indications of aspiration or
injection of joints and various soft tissues. The shoulder, elbow, wrist,
hip, knee and trigger points are the focus of common problems
seen by clinicians. A review of specific anatomic landmarks, their
physical maneuvers, pharmacokinetics of steroids, contraindications
and therapeutic indications for injection as well as proper technique
for injection and aspiration are discussed. The participant will
experience injection techniques on simulated models.

(includes .50 pharmacology contact hours)

Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC

Thursday, October 27, 2011

Registration Time: 7:30 am – 5:00 pm

8:00 am – 11:00 am (3 CH)

(Additional fee of \$110 for learning lab)

LL4 The Acute Abdomen in Primary Care: What the Clinician Needs to Know to Differentiate an Acute Versus Medical Condition (limited to 40 participants)

How do you assess an individual who comes into your office with the complaint of abdominal pain? Asking the appropriate questions and performing the appropriate examination techniques could mean the difference between life and death. This workshop is designed to provide both didactic and hands-on practice in evaluating individuals presenting with abdominal pain. Review of the history, pathophysiology, and potential anatomic and physiologic causes of abdominal pain as well as the hands-on practice of the various examination techniques to evaluate abdominal pain causes will be utilized. A workbook will be provided to each participant.

Bruce S. Zitkus, EdD, ARNP, ANP-BC, FNP-BC, CDE

LL5 Expert Exam: Practical Orthopedics – Lower Extremities (limited to 40 participants)

This course is designed to give the participant detailed knowledge on performing a thorough physical exam of the lower extremity with attention to the knee and the hip. Common orthopedic problems related to the knee and hip will be discussed as well as specialty maneuvers used in diagnose. The participant will perform a physical exam of the knee and the hip of each other so it is recommended to wear comfortable loose fitting clothes.

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA

8:00 am – 5:00 pm (8 CH)

(Additional fee of \$250 for learning lab, fee also includes lunch)

LL6 Antibiotics: Pharmacology Review and Clinical Uses (Primary Care)

Part 1 The morning session will be an overview of the basic principles of antibiotic therapy and a review of the basic and clinical pharmacology of the major classes of antibiotics.

Part 2 The afternoon session will be the review and update of clinical guidelines and pearls for choosing and using antibiotics in common infections (ie. CAP, AECB, UTIs, MRSA, c.Diff, more). (includes 8.0 pharmacology contact hours)

Alan Agins, Ph.D. and Jody Agins MSN, ARNP, FNP, GNP-BC, WCC

1:00 pm – 4:00 pm (3 CH)

(Additional fee of \$110 for learning lab)

LL7 Proper E & M Coding and Documentation Update and Placing Proper Emphasis on the Medical Decision Making Process

This presentation will cover the following topics: the critical differences between preventive and problem-oriented services;

determine how to capture adequate chief complaints; comprehend the 2011 OIG work plan as it pertains to “cloned” medical record entries; documentation requirements necessary to support the various levels of history and physical examination; importance of the medical decision making processing placing emphasis on established and subsequent patient types; comprehend the differences between new and established patient visits; utilizing time to drive levels of E & M services based on counseling and/or coordination of care; Medicare moratorium on consultations and policies of various other payers; documentation requirements to report services “incident-to” and discuss “shared visits” in the inpatient setting; appropriate methods to report 2011 observation services in terms of initial, subsequent and discharge services; and, the requirements associated with the Initial Preventive Physical Examination and the new 2011 HCPCS II codes for the Annual Wellness Visits.

John Burns, CPC, CPC-I, CEMC, RMC and Sean Weiss, CCP-P, ACS-EM, CPC, CPC-P

LL8 Common Office Procedures (limited to 40 participants)

This workshop will provide basic instruction in several common office procedures. Topics include: analgesia, incision and drainage of an abscess, paronychia management, release of a subungual hematoma, digital block, fishhook removal, resection of ingrown toenails, and removal of foreign bodies from the ears and nose. Each topic will be discussed and then practiced. Handouts, discussion and audiovisual aids will be utilized. CPT codes and many clinical pearls will be shared.

(includes .75 pharmacology contact hours)

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA

1:00 pm – 5:00 pm (4 CH)

(Additional fee of \$140 for learning lab)

LL9 Trauma Evaluation and Management (TEAM)

TEAM was developed by the subcommittee on ATLS by the American College of Surgeons Committee on Trauma. TEAM is a multidisciplinary course introducing the concepts of trauma assessment and management. TEAM is an expanded version of the ATLS. Initial assessment and evaluation and management lectures on ATLS copy written studies and videos explaining in great depth the role of physicians, surgeons, NPs, nurses, PA's, and medical assistants (ab and x-ray personnel in trauma situations).

(includes .33 pharmacology contact hours)

Robert Blumm, MA, PA-C, DFAAPA

6:00 pm – 8:00 pm Grand Opening of the Exhibit Hall

Come join your colleagues and other professionals for the Grand Opening of the Exhibit Hall. All exhibitors will be located in the Saratoga Springs City Center. Light hors d'oeuvres will be served. Cash bar available.

Conference Day One

Friday, October 28, 2011

Registration Time: 7:30 am – 5:00 pm

7:45 am – 8:00 am – Welcome

Dorothy Day, ANP, Conference Chair

8:00 am – 9:00 am Keynote Presentation (1.0 CH)

Eileen T. O’Grady Ph.D., RN, NP

Standing Firm: Health Reform, APRN Practice, Politics and Possibilities

Dr. O’Grady will discuss the unfolding policy and politics around health care reform and how APRN practice will be impacted, as well as how APRNs can position ourselves toward a more humanistic sensible and patient-centered delivery system. She will also discuss the political competency and overcoming invisibility in our practice and the policy realm.

9:00 am – 9:30 am – Break in the Exhibit Hall

9:30 am – 10:45 am Concurrent Sessions (1.25 CH)

A1 Smoking Cessation

This presentation will review nicotine addiction, and the health effects of tobacco use. Current evidence based treatment; including all of the FDA approved medications will be included. Available resources for patients, including the NYS Smokers’ Quitline will be reviewed. Relapse prevention, stress and weight management, as well as overcoming resistance will be discussed.

(includes .41 pharmacology contact hours)

Diane Massucci, DNP, ANP-BC and Daniel Jacobsen, MS, FNP-BC

A2 Pillow Talk: Wake Up to Sleep

One third of our human life is spent in the sleep state. For a variety of reasons, most of us do not spend sufficient time in this state. As a result, sleep deprivation has become increasingly recognized as a serious health hazard. Nurse Practitioners and Advanced Practice Clinicians are well qualified to screen for sleep disorders, to assess and rule out other disease processes, and to follow patients whom are diagnosed with obstructive sleep apnea, (OSA). The question; “how do you sleep”, should be considered the next “vital sign”.

Sheila Gahan, MS, FNP

A3 Understanding the Clinical Evidence that Supports Changes to the Child and Adolescent Immunization Schedules 2011

This presentation will describe the most current immunizations recommendations from the Centers for Disease Control and Prevention (CDC) for children and adolescents. The best available evidence for immunization practice for children will be analyzed. A

paradigm for discussing immunization science with care givers and other providers will also be outlined.

(includes .83 pharmacology contact hours)

Mary Beth Koslap Petraco, DNP, PNP-BC, CPNP

A4 Not All Mood Swings are Bipolar Disorder

Bipolar Disorder is an illness that causes extreme mood swings ranging from severe depressions to episodes of mania. But not all people experiencing mood swings have bipolar disorder. Many people are misdiagnosed with this disorder or the diagnosis is missed altogether. This presentation will inform the participants of the prevalence of bipolar disorder, usual age of onset and the presenting symptoms. It will include a discussion of the differential diagnosis and the reasons it is so frequently misdiagnosed. Pharmacological and non-pharmacological treatments will be discussed.

(includes .33 pharmacology contact hours)

Maria Allen, MS, NP

A5 Contraception Initiation for Adolescents and Young Adults

This presentation is designed to provide an overview of the key components required when initiating contraception in the adolescent and young adult populations. Discussion will include sexual/reproductive health history taking, an overview of screening tests, and a comprehensive review of current contraceptive methods including their indications and contraindications.

(includes .66 pharmacology contact hours)

Suzanne Bumpus, RN, BSN, MS, FNP-C

A6 Misdiagnosed IBS but Really Celiac’s

This presentation will cover case presentation(s) of symptomatic patient(s) misdiagnosed with IBS, but then correctly diagnosed as celiac’s disease, differentiating IBS vs celiac’s based on symptoms and diagnostic tests, diagnostic tests for celiac’s, other testing essential to treat consequences of malabsorption (i.e dexta screening for osteoporosis or CBC to assess iron or B12 deficiency anemia), celiac’s treatment (including gluten free diet and gluten free meds) and additional informational sources.

Melissa Stockman-Lamb, RN, ANP-BC, PNP

A7 Managing Ethical Dilemmas

This presentation will provide a review of basic ethical principles as well as a description of three major approaches to resolving clinical ethics dilemmas. Selected ethics case examples will be analyzed using a described process for: identifying the issue; reviewing relevant medical and psychosocial information and addressing gaps in this information; determining appropriate options and

the reasons supporting each option; and reaching agreement on the recommendations to be put forth. Emphasis will be placed on the process of information gathering, communication with the interdisciplinary health care team, facilitating decision making by patients and families, mediating disputes, and providing appropriate follow-up. There will be period at the end of the presentation for discussion and questions.

Jane Greenlaw, JD

11:00 am – 12:15 pm Concurrent Sessions (1.25 CH)

B1 Preventing Surgical Site Infection

This is an in-depth presentation on the prevention of surgical site infection, particularly in the areas of total joint surgery, bariatric surgery, cardio thoracic surgery, neurological procedures and transplant procedures. Focus on reducing the bacterial load: pre-op showers and wipes; pre-op patient prep; oral care/hygiene; and, nasal decontamination.

(includes .41 pharmacology contact hours)

Robert Blumm, MA, PA-C, DFAAPA

B2 Wellness Coaching Skills for APRNs

The coaching model which moves people towards lasting behavior change will be presented as well as coaching principles, including positive psychology and appreciative inquiry. Laser coaching skills will be reviewed for APRN practice to more effectively assist patients to adopt lifestyles that lead to wholeness.

Eileen T. O'Grady Ph.D., RN, NP

B3 Issues and Trends in Adolescent Health

Using case material, this session will provide an overview of adolescent development and health. Major morbidities of youth and approaches to their prevention will be emphasized. The session will focus on enhancing clinical skills and using other resources to promote health and reduce risk during adolescence.

Jane Tuttle, Ph.D., FNP-BC, FAANP

B4 The Moody Blues: Diagnosis and Treatment of Depression in the Older Adult

In this session, we will examine the incidence, diagnostic tools and assessment, and pharmacological management in the older adult.

(includes 1.0 pharmacology contact hours)

Jody Agins, MSN, ARNP, FNPI/BC, WCC

B5 Intra-Abdominal Hypertension and the Abdominal Compartment Syndrome

The relationship between intra-abdominal hypertension and abdominal compartment syndrome will be reviewed. This presentation will include discussing the pathophysiology of intra-abdominal hypertension as well as the physiological effects each

has on the body. In addition, examining how to identify, measure, and treat these acute emergencies including the common causes found in both intra-abdominal hypertension and the abdominal compartment syndrome will be reviewed.

Bruce S. Zitkus, EdD, ARNP, ANP-BC, FNP-BC, CDE

B6 Treating Neuropathic Pain: A Pharmacological Challenge

Review of the etiology and pathophysiology of neuropathic pain followed by the clinical and basic pharmacology of the various drugs and drug classes used to treat the condition.

(includes 1.0 pharmacology contact hours)

Alan Agins, Ph.D.

B7 Understanding the Clinical Evidence that Supports Changes to the Adult Immunization Schedule 2011

This presentation will describe the most current immunizations recommendations from the Centers for Disease Control and Prevention (CDC) for adults. The best available evidence for immunization practice for adults will be analyzed. A paradigm for discussing immunization science with adults and other providers will also be outlined.

(includes .83 pharmacology contact hours)

Mary Beth Koslap Petraco, DNP, PNP-BC, CPNP

12:30 pm – 2:00 pm – Luncheon (1.25 CH)

(Additional fee of \$35 per person)

New York State Bureau of Narcotic Enforcement – Prescription Drug Diversion Trends and the New York Prescription Monitoring Program

The Bureau of Narcotic Enforcement is a unique organization within the New York State Department of Health. Through its enforcement of the New York State Controlled Substance Act, the Bureau protects the public by combating illegal use and trafficking of prescription controlled substances while ensuring that these same drugs are accessible for legitimate medical treatment under the law.

In response to national statistics showing a rapid increase in the abuse of the prescription drugs, the Bureau has created an education and outreach campaign that is designed to familiarize campus health care professionals with recent prescription drug use trends, areas of diversion being seen on campuses, and to educate prescribers on the states prescription monitoring program.

Topics will include a review of controlled substance laws, how the Bureau works, and the latest trends in prescription drug diversion as well as information on using the new Controlled Substance Information on-line system that allows a prescriber to review a patients recent controlled substance history.

Debra M. Hotaling, Pharmacy Consultant, NYS DOH Bureau of Narcotic Enforcement

2:15 pm – 3:30 pm Concurrent Sessions (1.25 CH)

C1 Anticoagulants: Approved and on the Horizon

Anticoagulants are essential in the treatment and prevention of thromboembolic disorders. Managing anticoagulation is an ongoing challenge, which requires expert knowledge, critical thinking skills and appropriate drug monitoring for success. Frequently, NPs must initiate anticoagulation and “bridge” their patients through surgery and invasive procedures. Management difficulties with vitamin K antagonists and heparins have led to the development of new anticoagulants. These direct thrombin and factor Xa inhibitors potentially can streamline anticoagulation management. With emphasis on evidence-based practice, it is important for NPs to be knowledgeable of all newly approved anticoagulants and those anticoagulants on the horizon. Case studies will interest the learner and test critical analysis of the variables involved in safe and effective management of anticoagulation. Some knowledge of thromboembolic disease and pharmacology is required. This program will provide the NP with information necessary for safe anticoagulation management in the hospital and primary care setting.

(includes .83 pharmacology contact hours)

Maureen Howard, MS, FNP-BC, CACP

C2 Treatment of the Bariatric Patient in the Primary Care Setting

The target audience for this presentation is primary care providers who care for bariatric patients. This presentation will address common complications after bariatric surgery; how to recognize them, treat them, and when to refer back to the bariatric surgeon. Additionally, we will cover the necessary vitamin supplementation, common vitamin deficiencies and treatment. Identify proper prescribing of medications, forms of medication, medications to avoid after bariatric surgery and medications bariatric patients should keep on hand.

Alice Looney, ANP-C, CBN

C3 Head Trauma with a Pediatric Focus

This presentation will cover the following: statistics from CDC and prevention statistics; how to prevent head trauma in the pediatric generation; the pathophysiology of head trauma; choosing the correct diagnostic modality and the difference; trauma management; assessment; what do I order on head trauma patients; critical interventions; sports concussions in pediatrics and adolescents; and focal brain injuries.

(includes .33 pharmacology contact hours)

Robert M. Blumm, MA, PA-C, DFAAPA

C4 Path to Intimacy, Connection, Sexual Satisfaction and Love (PICSSL) Model: A New Tool Box for Health Care Professionals

This presentation will provide an introduction to PICSSL, “What’s the Problem?” Issues of sexual dysfunction, physiology of sex and solutions; a new paradigm; intimacy builders; body connection and enhancing sexual satisfaction.

Maureen A. Ryan, MSN, AHNP, WHNP, CST

C5 Optimization of the Clinical Breast Examination

This training will increase clinicians’ awareness of the importance of routine breast screening of their patients and to improve their technical skills related to cancer detection and diagnosis. Clinical Breast Examinations (CBEs) and mammography are significant components of a comprehensive breast screening as mammography alone is an effective but imperfect tool. CBEs seek to find breast abnormalities, particularly breast masses, at an early stage of progression when treatment can be most effective. However, since there are no widely accepted standards for how to conduct a CBE, performance among health care professionals varies with respect to search pattern, palpation technique, area of exam, hand position and the amount of time spent conducting the exam. This training will result in more providers utilizing a consistent, uniform and effective technique for conducting CBE.

Sharon Bisner, RN, FNP

C6 Palliative Care: How to Incorporate Management of Patients with Advanced Illness into Primary Care

This presentation will focus on the current management of pain and symptoms common in patients with advanced illness and at the end-of-life. The new paradigm in palliative care is to engage patients at the time of diagnosis. Also discussed will be current evidence and practice to support how primary care providers can partner with palliative care providers early in the diagnosis in order to manage symptoms that are commonly found in the presence of advanced disease.

Debra Miller-Saultz, DNP, FNP-BC

C7 Hypnosis in Primary Care: Hocus Pocus or a Real Tool for Health Promotion?

This presentation will review the history and practice of hypnosis. The application of hypnosis in primary care will be discussed including the various situations and settings where hypnosis may be an effective clinical tool. Certification and regulation as they pertain to hypnosis will be reviewed. The presentation will end with a group hypnosis session.

Diane Massucci, DNP, ANP-BC and Daniel Jacobsen, MS, FNP-BC

3:30 pm – 4:00 pm
Break in the Exhibit Hall

4:00 pm – 5:15 pm General Membership Meeting (1.25 CH)

NPA leaders will present on the current state of the Association, accomplishments within program activities and plans for the future for both the Association and the profession. Hear from the candidates running for office for the NPA Board of Directors. In accordance with NPA By-laws, a vote of these candidates if running unopposed on a slate will be taken at the membership meeting.
Marion Golden, DNP, FNP, Board Chairwoman
Seth Gordon, MPA, NPA President & CEO

5:15 pm – 6:00 pm – NPA Awards Ceremony and Presentations

6:00 pm – 7:00 pm – Cocktail Reception to honor the award recipients - Light hors d'oeuvres will be served. Cash bar available.



Conference Day Two

Saturday, October 29, 2011

Registration Time: 7:30 am – 5:00 pm

7:00 am – 8:15 am Breakfast Presentation (1.0 CH)

(Additional fee of \$25 per person)

Drug Addiction: Neurobiology and Treatment Options

An examination of the various factors and neurobiology related to substance abuse and addiction and the pharmacology of medications used as adjuncts in its treatment.

(includes .75 pharmacology contact hours)

Alan Agins, Ph.D.

8:30 am – 9:45 am Concurrent Sessions (1.25 CH)

D1 Post-operative Complications

This presentation will discuss the causes of post-op fever in three time frames. Discover the six W's relating to fever and its source. Surgical infection and antibiotic therapy for positive and negatives. What are common GI infections? Utilization of additional studies to pin point and diagnose. A short discussion of malpractice insurance and what kind is the most beneficial for the profession.
 (includes .37 pharmacology contact hours)

Robert Blumm, MA, PA-C, DFAAPA

D2 Managing Pain in the Primary Care Setting: Protecting Your Practice

This talk will include a basic discussion on pain assessment including some information on the pathophysiology of pain. Information on appropriate documentation with guidelines for referrals to a pain management expert will be included as well as risk stratification and developing skills to optimize successful management.

Diane Santangelo, MS, RN, ANP-C

D3 The Art of Skin and Wound Care in Children

Your patient has just experienced an alteration in skin integrity, and you are trying to determine the best treatment plan. This presentation will examine the physiology causing skin to break down, appropriate assessment, and examine the myriad of possible treatment modalities currently available.

(includes .50 pharmacology contact hours)

Stephen Jones, MS, RN, CPNP, ET

D4 Evaluation and Management of the Acutely Agitated Elder

In this session we will discuss the etiology, assessment tools, keys to diagnosis, pathophysiology, pharmacotherapy and patient management of selected agitated states in the older population.

(includes 1.0 pharmacology contact hours)

Jody F. Agins, MSN, ARNP, FNP/IGNP-BC, WCC

D5 Bio Identical Hormone Replacement Therapy: An Evidence Based Review

Nurse Practitioners will gain insight into the truth about Bio Identical Hormone Replacement Therapy (BHRT). Understand the controversies that surround BHRT, as well as the scientific evidence that reveals how some hormone treatments are doable, safe, and logical. (includes 1.0 pharmacology contact hours)

Neal Rouzier, MD

D6 Medication Management during Transitions

Medication discrepancies are the most common care lapses during patient handoffs and transitions. Reducing these discrepancies is difficult and time-consuming, but is necessary to avoid adverse effects to patient health. This presentation will discuss state-of-the-science research on medication management and reconciliation and practical applications for providers.

Kenneth Boockvar, MD, MS

D7 Owning Your Own Business: How to Set Up and Maintain a Successful NP-owned Practice

This presentation will discuss how to set up and maintain a successful nurse practitioner owned health care practice. Covered topics will include marketing, managing overhead, set up issues, legal considerations, time management, and more.

Joy Elwell, DNP, FNP-BC, FAANP

9:45 am – 10:45 am – Break in Exhibit Hall – last chance to visit with the exhibitors

10:45 am – 12:00 pm Concurrent Sessions (1.25 CH)

E1 Spinal Cord Injury and Management

This presentation will define spinal cord injury including epidemiology and associated syndromes. How to do a neurologic exam in detail focusing on motor assessment to accurately determine the level of the spinal injury. Discuss the management of acute spinal cord injury and compare and contrast with chronic spinal cord injury. Common complications of spinal cord injury and the preventative and monitoring strategies. And finally, care needs based on the level of injury.

Jennifer Willison, CNRN, MS, NP

E2 “Stuffy Nose/Stuffy Lung”: Risk Assessment, Prediction of Exacerbation, and Promotion of Control of Adults

This presentation will provide an overview of the burden of adult asthma; common barriers to asthma control; “stepwise” approach to management and revised asthma guidelines; and, role of acute onset nasal congestion in predicting asthma outcomes. With voluntary audience participation we will approximate an asthma attack by breathing through a straw with pinched nostrils.

Donna Hogan, APRN-BC, Ph.Dc

E3 An Overview of Child Sexual Abuse for the Nurse Practitioner

Child sexual abuse is a complex problem which presents unique challenges for health care professionals. Appropriate management is critical in order to protect the child, promote health, and maximize emotional well-being. The presentation will give a brief overview of the history of the emergence of child abuse in the medical community in the United States. Definitions, statistics, and common misconceptions will be included. A major focus of the discussion will be an overview of the medical evaluation of the sexually abused child, including history and physical examination, laboratory testing, and referral for counseling. Of key importance is the significance of lack of findings in most cases of child sexual abuse. This presentation is relevant for nurse practitioners who work with children. Our patients deserve high quality in all areas of care. This includes our sexually abused children.

Rose Mary Daniele, DNP, MS, RN, FNP-BC

E4 Understanding Trauma and Posttraumatic Stress Disorder (PTSD)

PTSD is a medical condition that was first named in 1980 but described much earlier than that and has been called by many names. It is often misunderstood but affects a number of people. Some are fully functional and some are disabled. This presentation will include a discussion of the prevalence of PTSD among various groups, theories of why some people develop symptoms and some do not and how the diagnosis is made. It will also include a discussion of the various treatments available.

(includes .25 pharmacology contact hours)

Maria Allen, MS, NP

E5 Cardiac Disease in Women

Coronary heart disease is the number one killer of women in this country; yet the majority of women believe that breast cancer is the leading cause of death. This case-study based presentation will focus on women at risk for coronary artery disease. Epidemiology, recognition, diagnosis, and unique management issues will be presented with a focus on hypertension, lipid disorders, obesity and diabetes that lead to obstructive vascular disease and their treatment.

(includes .62 pharmacology contact hours)

Wendy L. Wright, MS, RN, ARNP, FNP, FAANP

E6 Work-up and Management of the Dizzy Patient

This presentation will discuss the algorithm for the workup of dizziness; common causes of dizziness and their treatment; and, the appropriate Epley maneuver for Paroxysmal Positional Vertigo.

David Foyt, MD

E7 Health Literacy: Can We Talk?

Health literacy is defined by the Institute of Medicine (2004) as “the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions”. Low health literacy has been found in over 30% of the US population and leads to poorer health outcomes. Nurse practitioners are uniquely positioned to deliver care in a way that mitigates the effect of low health literacy on patient outcomes. Using the Agency for Healthcare Research and Quality Health Literacy Universal Precautions Toolkit (2010) as a framework, this presentation will describe health literacy, its impact on outcomes, and outline health literacy interventions to use with patients across the continuum of care.

Madeline Cafiero, MS, RN, FNP-BC, CWOCN

12:15 pm – 1:45 pm – Luncheon Presentation (1.25 CH)

(Additional fee of \$35 per person)

NPA Legislative Update

Part A: Come and hear from the NPA Lobby Team as they discuss the 2011 legislative agenda, bill status, the visits made to political leaders during the session, as well as the importance of becoming active by participating in grassroots action alerts and contributing to the political action campaign.

Part B: Healthcare Reform: Liability Implications for New York State Nurse Practitioners

Nurse practitioners are at the forefront of a paradigm shift in the healthcare industry. As they assume a larger role in the healthcare industry, related legal and regulatory issues also intensify. This session will review the anticipated effects of Healthcare Reform for Nurse Practitioners in New York State from a professional liability perspective. It is anticipated that in the new age of Healthcare Reform, Nurse Practitioners will play a greater role as primary and specialty care providers, and an increase in leveraging their full scope of practice could bring greater accountability and additional liability risks. Possible implications for the professional liability insurance industry will also be provided in this session, as well as an overview of Nurses Service Organization (NSO) malpractice loss data for Nurse Practitioners in New York State.

Speaker TBA

2:00 pm – 3:15 pm Concurrent Sessions (1.25 CH)

F1 Congestive Heart Failure: 2010 Comprehensive Practice Guidelines

Congestive Heart Failure (CHF) is one of the most prevalent disease states in the United States. Heart failure is a syndrome characterized by high mortality, frequent hospitalization, poor quality of life and a complex therapeutic regimen. Clinicians must be educated on the evidence-based practice guidelines that have rapidly developed over the last ten years. Practitioners are ideally suited to positively impact patient outcomes in the heart failure population. This session will

not only review the updated practice guidelines, but provide useful tips on patient management strategies.

(includes .41 pharmacology contact hours)

Lisa Kotyra, RN, MS, ACNP

F2 COPD: Early Detection, Improved Clinical Outcomes

Approximately 60 million people in the United States live with one of four chronic conditions; heart disease, diabetes, chronic obstructive pulmonary disease, (COPD), and major depression. Presently, COPD is under-diagnosed and often times misdiagnosed, resulting in an increased morbidity and mortality. By the time people are diagnosed with COPD, on average, they have already lost 50% of their lung function. Recent published studies demonstrate that patient complaints associated with the disease COPD respond well to both pharmacological and non-pharmacological therapy. Despite this, only a small proportion of COPD patients receive effective treatments directed towards these issues. Increasing the knowledge base and competence of health care professionals in response to these statistics is vital. Providing ongoing education among health care providers is essential.

(includes .25 pharmacology contact hours)

Sheila Gahan, MSN, FNP-C

F3 Lethal Weapon: The Impact of the Media on our Children

The media is one of the most significant and recognized influences on our children’s growth and development. This presentation will discuss the negative effects of the media on management of this increasingly prevalent issue.

Pam Herendeen, DNP, PNP-BC

F4 Pediatric and Adult Voice Disorders for the Primary Care Provider: A Case Study Approach

This presentation will list the primary causes of hoarseness in children and adults. We will also discuss the collaborative role of the ENT and SLP in the management of voice problems; the role of laryngeal videostroboscopy in the assessment of laryngeal pathology and voice disorders; treatments for patients presenting with hoarseness and other laryngeal symptoms; and, when to refer patients with hoarseness and other laryngeal symptoms to the ENT physician.

Sara C. Scheid, MD, FAAP, Ramez J. Awwad, MD and Jack Pickering, Ph.D., CCC-SLP

I7 Patient Centered Medical Home, a Natural for Nurse Practitioners

Patient Centered Medical Home (PCMH) is a model of care that replaces illness based, episodic care with coordinated care producing improved clinical outcomes (NCQA 2011). The PCMH is a recognition awarded from the National Center for Quality Assurance to practices who can demonstrate commitment to this framework.

It means excellence. Hallmarks of a PCMH are partnerships with patients, coordinated care that is culturally appropriate. The practice must have an established Continuous Quality Improvement Program from an evidenced based framework. The practice must meet and report on standards that include patient access to care, communication, care management, self-management support, testing and referral tracking. There has been significant growth in medical home practices with 214 clinicians in 28 sites in 2008 to 7,686 clinicians in 1,506 sites in 2010. Establishing a PCMH positions the practice for meeting the meaningful use criteria, as set forth by the Health Information Technology for Economic and Clinical Health Act (2009), which authorized Medicare and Medicaid incentive payments to providers and hospitals. This presentation will describe the standards of PCMH, and discuss strategies to move a practice toward achieving Medical Home designation.

Catherine Paradiso, RN, ANP

F6 Common Infections in the Older Adult

In this session we will review common infections seen in the elderly including infections of skin and soft tissue, urinary tract, respiratory tract, and gastrointestinal tract.

(includes .75 pharmacology contact hours)

Jody Agins, MSN, ARNP, FNP/IGNP-BC, WCC

F7 Transitioning to Nurse Practitioner Practice

This presentation provides information for NPs in their transition to NP practice. Topics discussed include: areas of practice, legal authority to practice, difference between NP and MD scope of practice, licensure, national certification, credentialing, collaborative agreement, protocols, professional conduct, role transition, employment, self-preservation and your professional association. Hear from an experienced NP and one of the authors of the NPA Student Transition Guide to Nurse Practitioner Practice. Attendees will receive an electronic version of the Transition Guide.

Thomas Nicotera, MHHA, JD and Elaine Leinung, DNP, RN, FNP-BC, CNE

3:30 pm – 4:45 pm Concurrent Sessions (1.25 CH)

G1 Management of the Patient with Acute Stroke

This presentation will cover the assessment, diagnosis and treatment of patients presenting with an acute stroke. Pathophysiology of stroke as well as stroke syndromes will be reviewed. The role of neuroradiology and mechanical treatment is highlighted.

Kim Yirinec, MSN, NP

G2 Domestic Violence: What about the Children?

Domestic violence is a significant problem in our country that is finally being recognized as a pediatric issue; the impact on our children is staggering. This presentation will discuss epidemiology,

screening and interventions aimed at guiding these vulnerable families through a challenging system.

Pam Herendeen, DNP, PNP-BC

G3 Sneezes, Wheezes and Inflammation: Managing Childhood Asthma

This presentation will examine the inter-relationship of “linked airways” and the multiple etiologies that trigger childhood asthma. The current NAEPP guidelines for appropriate management, including the “step” approach with medication and other interventions will be discussed, as well as the appropriate utilization of technology used for medication delivery.

(includes .50 pharmacology contact hours)

Stephen Jones, MS, RN, CPNP, ET

G4 Hypertension: A Focus on JNC7/JNC8

Lecture, discussion, and case study presentation, assisted by computer generated visual effects, will be designed to assist the primary care provider with early identification of patients at risk for target organ damage from hypertension, classes of antihypertensive medications designed to attenuate/avoid target organ damage, and mechanisms to evaluate impact of these medications and their potential adverse effects. Interactive case studies will enhance and cement the knowledge gleaned from the discussion.

(includes .62 pharmacology contact hours)

Wendy L. Wright, MS, RN, APRN, FNP, FAANP

G5 Sinusitis Conditions: Do we really need Antibiotics?

This presentation will identify the difference among viral sinusitis, acute bacterial sinusitis and chronic illness. Discuss how to diagnose sinusitis, adjunctive treatment choices for sinusitis and the antibiotic treatment options for acute and chronic sinusitis. Also discussed is when to refer the patient to the ENT for possible surgery.

(includes .33 pharmacology contact hours)

Ramez J. Awwad, MD and Sara C. Scheid, MD, FAAP

G6 Influenza: Virology, Treatment and Prevention

A look at the etiology, statistics and virology of influenza virus, the causes of epidemics and pandemics and the pharmacological approaches for prevention and treatment with vaccines and drugs.

(includes 1.0 pharmacology contact hours)

Alan Agins, Ph.D.

G7 The Experiential Classroom: Leaving the Lecture Behind

This presentation will describe the experiential classroom for the delivery of NP educational content. The presentation will include a panel discussion to field questions from the audience and discuss the outcomes of this method of content delivery.

Lucille R. Ferrara, EdD, RN, FNP-BC, MBA and Maureen Cooney, DNP, FNP-BC

Conference Day Three

Sunday, October 30, 2011

7:00 am – 8:15 am – Breakfast Presentation (1.0 CH)

(Additional fee of \$25 per person)

Herbal and Nutritional Support in the Menopausal Women

This session is designed to review the various herbs and nutritional supplements that enhance hormonal therapy for the menopausal woman. This lecture will provide you with protocols to support the complaints heard in the clinical setting daily. Literature will be reviewed and discussed on the various supplements for safety and contraindications.

Debra Muth, WHNP, APNP, ND, BSN, MSNH, BAAHP

Speaker sponsored by Western New York Nutritional Services

8:30 am – 9:45 am Concurrent Sessions (1.25 CH)

H1 Cardiac Diagnostic Testing: Which Test Do I Order?

This presentation is an overview of cardiac testing and its use in daily clinical practice. Focus will be on deciding the appropriate test to evaluate patients with chest pain or to risk stratify patients with coronary risk factors and those with known CAD.

Joan Pfeiffer, ACNP-BC

H2 Treating Type 2 "What's Old and What's New"

This presentation will discuss the pharmacologic management of Type 2 diabetes mellitus and will also include ominous octet drug management.

(includes .66 pharmacology contact hours)

Robert Busch, MD

H3 Managing ADD/ADHD in the Primary Care Setting

Nurse Practitioners are frequently presented with children and adults who are seeking an evaluation for ADD/ADHD. This session will provide the primary care clinician with information regarding the evaluation (history, physical examination and recommended testing) as well as a discussion regarding the various medications available to treat this condition.

(includes .93 pharmacology contact hours)

Wendy L. Wright, MS, RN, ARNP, FNP, FAANP

H4 Recognition and Treatment of Seizures in the Elderly

This presentation will discuss the incidence of epilepsy, review seizure classification, identify the causes of seizures and epilepsy in the elderly, the diagnostic work up and differential diagnosis, treatment options and challenges of treatment for patients with co-morbidities and the use of concomitant medications. Using some case studies and reviewing patient seizure videos, we will formulate

some questions to ask in eliciting a history that may lead to the diagnosis of epilepsy in this population.

Kathy England, APRN-BC

H5 Sepsis 2011

Sepsis is a devastating syndrome that potentially affects anyone practicing in health care. The syndrome has no boundaries with respect to gender, race, health care setting, or age. Over the past 30 to 40 years, little has been done to influence the outcome of patients who become septic. There are several therapeutic areas that are critical in order to influence patient's outcomes. The first area is prevention. More and more data is being published highlighting very effective measures to prevent infections in patients. There are several guidelines as well as technologies that aid in the prevention of infections. The second area involves interventions aimed at managing patients in the event they do acquire an infection that leads to sepsis. The first of these is resuscitation. There are very clear guidelines for the resuscitation of patients who appear septic. The next area is treatment. Again, the guidelines are very straight forward; however implementation has been a challenge at many institutions. The session will begin with an in-depth look at strategies to prevent infections. The session will then present the current science behind the pathogenesis of sepsis. Finally there will be a presentation of the guidelines for the management of sepsis and the controversies associated with the guidelines.

(includes .33 pharmacology contact hours)

Michael Ackerman, DNS, RN, APRN, -BC, FCCM, FNAP, FAANP

H6 An Evidence Based approach to Tuberculosis Screening and the Treatment of Latent Tuberculosis Infection (LTBI)

Nurse practitioners have a significant role in the fight against tuberculosis in the United States. When left untreated, children and adolescents with latent tuberculosis infection (LTBI) have a greater risk of converting to active tuberculosis in adulthood than those who do not have LTBI. The identification and treatment of tuberculosis and LTBI remains controversial in many states. For example, mandatory tuberculosis skin testing is often still required for entrance into day care, school, summer camp and/or college; although current evidence suggests that this procedure is outdated, timely and cost-ineffective. In addition, the role of BCG vaccination often confounds tuberculosis skin test interpretation. This presentation will review the current evidence based clinical guidelines for screening, testing, evaluation and treatment of tuberculosis and LTBI in children and adolescents. It will also enable nurse practitioners the ability to implement these changes in their primary care settings.

Robert Burke, DNP, MS, FNP-BC, LAC

H7 Family Centered Care: Are we there yet?

This presentation will review the history surrounding family's presence during an infant's/child's hospitalization. Review AAP policy statement: Family Centered Care and the Role of the Pediatrician. Expand the presented concepts inherent in Family Centered Care to take in other populations, (e.g. adult patients). Pose the question are we where we would like to be and how do we get there with "current limitations."

Patrick Hopkins, DNP, C-PNP, NNP

10:00 am – 11:15 am Concurrent Sessions (1.25 CH)

I1 Safe Transitions: Assuring Patient Safety from the Hospital to Home

This program will provide an evidence-based approach to systems that help to assure safe patient transitions from the hospital to post-hospital care. Included will be key activities that have been shown to reduce readmission as well as improve patient outcomes. Best practices around transitions of care will be discussed.

(includes .33 pharmacology contact hours)

Michael Ackerman, DNS, RN, APRN-BC, FCCM, FNAP, FAANP

I2 Anemia: Recognition and Management Throughout the Lifespan

Anemia is a frequently encountered problem, particularly in primary care. This discussion will focus on the identification of the various types of anemia's, lab testing needed for diagnosis, and treatment options for the management of these conditions. Included in the discussion will be iron deficiency, Vitamin B12 and Folate deficiencies and Anemia of Chronic Disease.

(includes .62 pharmacology contact hours)

Wendy L. Wright, MS, RN, APRN, FNP, FAANP

I3 Creating a Preventive Ethical and Legal Environment in Adolescent Healthcare

Ethical and legal issues arising in adolescent healthcare are complex and clinicians routinely encounter challenging moral issues. Nurse practitioners positioned in primary care settings and school based health centers have the ability to be instrumental in resolving these situations. We will discuss some of the historic and cultural issues surrounding ethical and legal issues in adolescent healthcare, including a comparison of HIPAA and FERPA regulations. In addition, we will outline strategies that attendees may be able to apply for creating ethical practice environments in their community. Case examples and an interactive discussion will be used extensively to facilitate understanding.

Robert Burke, DNP, MS, RN, FNP-BC, LAc and Margaret Rogers, DNP, MS, RN, FNP-BC

I4 Radiation Oncology: Empowering NPs on the Treatment Modalities

The purpose of this presentation is to inform the audience about radiation oncology care as well as offer participants to connect and appreciate an overview of care management. To outline the NP's role in the care of patients receiving treatment. To understand how radiation therapy works, what the patient can expect, supportive care the patient will need before, during and after treatment. Collaboration with the multidisciplinary team to provide holistic care for the patient.

Catherine M. Concert, MS, RN, FNP-BC, DNPc

I5 Fibromyalgia Update

This presentation will discuss the unification theory of Fibromyalgia. Understand the events that occur within the central nervous system. Discuss morphologic changes with the brain structures. Explore plausible explanations for fatigue, memory changes, and "FibroFog". Outline current and future treatment modalities.

Martin Morell, MD

I6 Diagnosis and Management of Alzheimer's Disease in Primary Care Practice 2011

Alzheimer's disease is the most common cause of dementia in people over the age of 65, by some estimates accounting for 80% of cases. There are now 5.5 million people affected by this disorder in the United States; Alzheimer's disease is the third most expensive disease in terms of utilization of health care dollars; and it is the fourth leading cause of death in people over 65 after heart disease, cancer and stroke. There is no known cure for this disease, and treatments currently available have modest efficacy for providing symptomatic relief. This presentation will briefly review distinctions between normal age-related memory loss and dementia, the epidemiology of dementia and Alzheimer's disease, and focus on diagnosis and management of the disorder. A paradigm for cognitive screening, and a structured interview for obtaining the history of present illness, will be presented. Finally, management using cholinesterase inhibitors and memantine will be discussed.

(includes .33 pharmacology contact hours)

William Pendlebury, MD

I7 Update on Osteoporosis: Treating the Bones to Avoid the Moans and Groans

This presentation will review, evaluate, and discuss the management of post-menopausal osteoporosis as well as discuss current prescriptions available and prevention.

(includes .66 pharmacology contact hours)

Robert Busch, MD

**11:30 am – 12:30 pm Closing Keynote
(1.0 CH)**

**Cathryne A. Welch, EdD, RN
The Future of Nursing – NYS:
Transforming Healthcare**

For this presentation Ms. Welch along with contributing speaker Debra A. Wolff, RN, MS, PCNP, will provide an overview of the IOM Report "The Future of Nursing: Leading Change, Advancing Health" which calls for the nursing profession to be instrumental in transforming healthcare. A progress report on implementation efforts, both at the national level and within New York State, will be provided. In addition, avenues for each nurse to become involved in the work of the Future of Nursing – NYS Regional Action Coalition will be discussed.



Presenter Information

Michael Ackerman, DNS, RN, APRN-BC, FCCM, FNAP, FAANP
Rochester, NY

Alan P. Agins, Ph.D.
Tucson, AZ

Jody Agins, MSN, ARNP, FNP/GNP-BC, WCC
Tucson, AZ

Maria Allen, MS, NP
Whitesboro, NY

Ramez J. Awwad, MD
Slingerlands, NY

Sharon Bisner, RN, FNP
Menands, NY

Robert M. Blumm, MA, PA-C, DFAAPA
Amityville, NY

Kenneth Boockvar, MD, MS
Bronx, NY

Suzanne J. Bumpus, RN, BSN, MS, FNP-C
Rochester, NY

Robert E. Burke, DNP, MS, RN, FNP-BC, LAC
Pleasantville, NY

John F. Burns, CPC, CPC-I, CEMC, RMC
Gansevoort, NY

Robert Busch, MD
Albany, NY

Madeline Cafiero, MS, RN, FNP-BC, CWOCN
Delmar, NY

Catherine Concert, MS, RN, FNP-BC, DNPc
Ridgewood, NY

Maureen Cooney, DNP, FNP-BC
Hudson, NY

Rose Mary Daniele, DNP, MS, RN, FNP-BC
Brooklyn, NY

Joy Elwell, DNP, FNP-BC, FAANP
Scarsdale, NY

Kathy M. England, APRN-BC
Rochester, NY

Lucille R. Ferrara, EdD, RN, FNP-BC, MBA
Tuckahoe, NY

David Foyt, MD
Slingerlands, NY

Sheila Gahan, MSN, FNP
Ilion, NY

Marion Golden, DNP, FNP
Wading River, NY

Seth Gordon, MPA
Clifton Park, NY

Jane Greenlaw, JD
Rochester, NY

Pamela Herendeen, DNP, PNP-BC
Pittsford, NY

Donna G. Hogan, APRN, BC, PhD
Barton, NY

Patrick Hopkins, DNP, C-PNP, NNP
Rochester, NY

Debra M. Hotaling
Troy, NY

Maureen Howard, MS, FNP-BC, CACP
Freehold, NJ

Daniel R. Jacobsen, MS, FNP-BC
Amityville, NY

Stephen Jones, MS, RN, CPNP, ET
Averill Park, NY

Mary Beth Koslap Petraco, DNP, PNP-BC,
CPNP
Hauppauge, NY

Lisa G. Kotyra, RN, MS, ACNP
Penfield, NY

Elaine Leinung, DNP, RN, FNP-BC, CNE
Brooklyn, NY

Alice Looney, ANP-C, CBN
Newburgh, NY

Diane Massucci, DNP, ANP-BC
Mineola, NY

Louise McDevitt, MS, ACNP-BC, ANP-BC,
FNP-BC
Townshend, VT

Debra Miller-Saultz, DNP, FNP-BC
Somers, NY

Martin Morell, MD
Utica, NY

Debra Muth, WHNP, APNP, ND, BSN,
MSNH, BAAHP
Waukesha, WI

Thomas Nicotera, MHHA, JD
Clifton Park, NY

Eileen T. O'Grady, Ph.D., RN, NP
McLean, VA

Catherine Paradiso, RN, ANP
Staten Island, NY

William W. Pendlebury, MD
Burlington, VT

Joan Pfeiffer, ACNP-BC
Rochester, NY

Jack Pickering, Ph.D., CCC-SLP
Slingerlands, NY

Margaret E. Rogers, DNP, MS, RN, FNP-BC
Norwalk, CT

Neal Rouzier, MD
Palm Springs, CA

Maureen A. Ryan, MSN, AHNP, WHNP, CST
Orchard Park, NY

Diane M. Santangelo, MS, RN, ANP-C
Stony Brook, NY

Sara C. Scheid, MD, FAAP
Slingerlands, NY

Melissa Stockman-Lamb, RN, BC-ANP, PNP
Medford, NY

Monica N. Tombasco, MS, MSNA, FNP-BC,
CRNA
Manchester, NH

Jane Tuttle, Ph.D., FNP-BC, FAANP
Rochester, NY

Sean Weiss, CCP-P, ACS-EM, CPC, CPC-P
Gaithersburg, MD

Cathryne A. Welch, EdD, RN
Guilderland, NY

Jennifer Willison, CNRN, MS, NP
Rochester, NY

Debra A. Wolff, RN, MS, PCNP
Guilderland, NY

Wendy Wright, MS, RN, ARNP, FNP, FAANP
Bedford, NH

Kim Yirinec, MSN, NP
Pittsford, NY

Bruce S. Zitkus, EdD, ARNP, ANP-BC, FNP-BC,
CDE

East Patchogue, NY

New & Renewing Member Application - The Nurse Practitioner Association New York State

Name _____
 Home Address _____
 City, State, Zip _____
 Home Phone _____
 Cell Phone _____
 Email Address _____
 Employer _____
 Work Address _____
 City, State, Zip _____
 Work Phone _____
 Work Fax _____
 Credentials _____
 NYS Certification Specialty _____
 Area (s) of Practice _____
 Position _____
 Gender Female Male
 Date of Birth _____/_____/_____
 Referred by: _____

Please select your Chapter membership from one of the following:
(included with membership)

- Adirondack
- Brooklyn/Queens
- Capital
- Chautauqua/Cattaraugus
- Dutchess/Ulster
- Finger Lakes
- Greater Newburgh
- Greater Rochester
- Lake Ontario
- Leatherstocking/Catskill
- Long Island
- Lower Hudson Valley
- Manhattan/Bronx
- Mohawk Valley
- Saratoga/Warren
- Staten Island
- Susquehanna
- Syracuse
- Thousand Island
- Tompkins/Cortland
- Western New York

Membership Categories and Dues

(Please select the appropriate box)

- Active 1-year \$180 Licensed NP or eligible for NYS Licensure as NP
- Active 2-year \$320 Licensed NP or eligible for NYS Licensure as NP
- Student \$65 Enrolled in approved NP program, not licensed as NP (Copy of Student ID required)
- Retired \$65 Retired Nurse Practitioner

Payment Method

Check or Money Order Enclosed (payable to NPA) _____

Credit Card:

- American Express Discover MasterCard Visa

Credit Card # _____

Expiration Date _____

Security code (3-digit on back of card) _____

Applicant Signature _____

Date _____

Total Membership Dues Enclosed* _____

*Pursuant to Federal Law, we are required to inform you that 30% of your dues may be used for lobbying and related expenses, which are not tax deductible.

Membership Benefits

- **Strong Representation and Advocacy** at the State level serving the interests of the profession, and also at the national level as a state member of ACNP and AANP
- **Practice Assistance** with problems and issues including risk management advice and services through our endorsed partner, Nursing Service Organization (NSO)
- **Education and Professional Development** at the State, Regional and Local levels which is unsurpassed in the industry, including access to special member discounts on a vast array of educational products and services offered through Fitzgerald Health Education Associates (FHEA), a strategic partner of the NPA
- **Preceptor and Mentor** programs for students along with a comprehensive Student to NP Transition Guide
- **News and Information** important to the profession
- **NPA Career Center** consisting of our on-line job bank where you can post resumes and search jobs and access our Human Resources Consultant when specific advice and expertise is needed
- **Member Discounts** through our NPA Bucks Program, Special Student Transition Rate and other discounts such as AANP and/or ACNP memberships and member savings for the NPA Annual Conference, as well as special discounted rates available to members through the NPA's strategic partners

Registration Information

By submitting this registration form, I agree that the NPA, the Saratoga Hilton and the Saratoga Springs City Center and any of their officers, staff members, agents or employees are not responsible for and are released from all liability as to any injury, loss, illness or damage that may occur to me as a result of my participation in the NPA's 27th Annual Conference. I give this acknowledgement freely and knowingly and that I am, as a result, able to participate in the NPA 27th Annual Conference and I do hereby assume responsibility for my own well-being. I also agree not to allow any other individual to participate in my place.

Name _____

Credentials _____

Member Number (if known) _____

Chapter (if known) _____

Home Address _____

City _____

State _____ Zip _____

Home Phone _____

Email _____

Address to be used in the Directory:

Employer Name _____

Address _____

City _____

State _____ Zip _____

Work Phone _____

Would you be willing to volunteer:

To introduce a speaker/room monitor Yes No

Assist at the NPA Registration Desk Yes No

Assist at the NPA Store table Yes No

Payment Method

Check/Money Order

Mastercard

Visa

Discover

AMEX

Card Number _____

CVV (3 Digit Security Code on back of card) _____

Expiration Date _____

Signature _____

Registration Fees

Pre-Conference Learning Labs

Wednesday – 10/26/11

8:00 am – 5:00 pm	LL1	\$250	\$ _____
8:00 am – 11:00 am	LL2	\$110	\$ _____
1:00 pm – 4:00 pm	LL3	\$110	\$ _____

Thursday – 10/27/11

8:00 am – 11:00 am	LL4 or LL5	\$110	\$ _____
8:00 am – 5:00 pm	LL6	\$250	\$ _____
1:00 pm – 4:00 pm	LL7 or LL8	\$110	\$ _____
1:00 pm – 5:00 pm	LL9	\$140	\$ _____

Conference Registration Fees

NPA Member Rate

	Postmarked before 9/26/11	Postmarked after 9/26/11	
3 Day (Fri. Sat. & Sun.)	\$399	\$439	\$ _____
2 Day (Fri. & Sat. or Sat. & Sun.)	\$349	\$389	\$ _____
1 Day (Fri. Sat., or Sun.)	\$299	\$339	\$ _____

Non-Member Rate*

	Postmarked before 9/26/11	Postmarked after 9/26/11	
3 Day (Fri. Sat. & Sun.)	\$449	\$489	\$ _____
2 Day (Fri. & Sat. or Sat. & Sun.)	\$399	\$439	\$ _____
1 Day (Fri. Sat. or Sun.)	\$329	\$369	\$ _____

*Non-members are invited to join now and attend at member rates.

Renewing or Joining as NPA Member

One Year Membership	\$180	\$ _____
Two Year Membership	\$320	\$ _____

NPA Student Member Transition Rate \$279 \$ _____

Only applicable to those who are currently a NPA Student Transition Member.

Student Rate

NPA Student Member Rate (conference only)	\$159	\$ _____
Join/Renew as a Student Member & attend conference	\$224	\$ _____

NPA Retired Member Rate

Retired NPA Member	\$219	\$ _____
--------------------	-------	----------

Special Meal Sessions

Friday Luncheon – NYS Bureau of Narcotics	\$35 x _____ = \$ _____
Saturday Breakfast – Drug Addiction	\$25 x _____ = \$ _____
Saturday Luncheon – Legislative Lunch	\$35 x _____ = \$ _____
Sunday Breakfast – Herbal and Nutritional	\$25 x _____ = \$ _____

Total Learning Labs (Wed and/or Thurs)	\$ _____
Total Registration	\$ _____
Total Membership Dues	\$ _____
Total Meals	\$ _____
Grand Total (all)	\$ _____



Important: Please fill out Conference Registration Form on Page 24

Conference Registration Form

Assignments will be made on a first come, first served basis. Please be sure to indicate each session you will be attending in order to obtain your full Contact Hour credits.

SAMPLE:	11:00 am – 2:00 pm	LL1	LL2	1 st Choice	2 nd Choice
				L2	L1

Note: It is important that you select a second choice as sessions fill quickly.

		1 st Choice	2 nd Choice
Wednesday, October 26, 2011			
8:00 am – 5:00 pm (Additional fee \$250)	LL1	<input type="text"/>	<input type="text"/>
8:00 am – 11:00 am (Additional fee \$110)	LL2	<input type="text"/>	<input type="text"/>
1:00 pm – 4:00 pm (Additional fee \$110)	LL3	<input type="text"/>	<input type="text"/>

Thursday, October 27, 2011			
8:00 am – 11:00 am (Additional fee of \$110)	LL4 or LL5	<input type="text"/>	<input type="text"/>
8:00 am – 5:00 pm (Additional fee of \$250)	LL6	<input type="text"/>	<input type="text"/>
1:00 pm – 4:00 pm (Additional fee of \$110)	LL7 or LL8	<input type="text"/>	<input type="text"/>
1:00 pm – 5:00 pm (Additional fee of \$140)	LL9	<input type="text"/>	<input type="text"/>

Friday, October 28, 2011			
8:00 am – 9:00 am	Keynote: Eileen T. O’Grady (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
9:30 am – 10:45 am	A1 A2 A3 A4 A5 A6 A7	<input type="text"/>	<input type="text"/>
11:00 am – 12:15 pm	B1 B2 B3 B4 B5 B6 B7	<input type="text"/>	<input type="text"/>
12:30 pm – 2:00 pm	Luncheon		
	NYS Bureau of Narcotic Enforcement (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	(Additional fee of \$35 per person) # of meals _____		
2:15 pm – 3:30 pm	C1 C2 C3 C4 C5 C6 C7	<input type="text"/>	<input type="text"/>
4:00 pm – 5:15 pm	General Membership Meeting (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Saturday, October 29, 2011			
7:00 am – 8:15 am	Breakfast – Drug Addiction (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	(Additional fee of \$25 per person) # of meals _____		
8:30 am – 9:45 am	D1 D2 D3 D4 D5 D6 D7	<input type="text"/>	<input type="text"/>
10:45 am – 12:00 pm	E1 E2 E3 E4 E5 E6 E7	<input type="text"/>	<input type="text"/>
12:15 pm – 1:45 pm	NPA Legislative Luncheon (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	(Additional fee of \$35 per person) # of meals _____		
2:00 pm – 3:15 pm	F1 F2 F3 F4 F5 F6 F7	<input type="text"/>	<input type="text"/>
3:30 pm – 4:45 pm	G1 G2 G3 G4 G5 G6 G7	<input type="text"/>	<input type="text"/>

Sunday, October 30, 2011			
7:00 am – 8:15 am	Breakfast – Herbal and Nutritional Support (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	(Additional fee of \$25 per person) # of meals _____		
8:30 am – 9:45 am	H1 H2 H3 H4 H5 H6 H7	<input type="text"/>	<input type="text"/>
10:00 am – 11:15 am	I1 I2 I3 I4 I5 I6 I7	<input type="text"/>	<input type="text"/>
11:30 am – 12:30 pm	Closing Keynote – Cathryne A. Welch (check one)	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Ways to Register

 **Mail:**
 The Nurse Practitioner Association New York State
 12 Corporate Drive
 Clifton Park, NY 12065

 **Fax:**
 518-348-0720

 **On line:**
www.theNPA.org

Education Committee

Jane Tuttle, Ph.D., FNP-BC – Education Chair

Dorothy Day, ANP – Conference Sub-committee Chair

Alisha Fuller, DNP, FNP – NPA Store

Alice Looney, ANP-C – Hospitality

Jan Pennington, MSN, ANP-BC – Continuing
Education Reviewer

NPA Professional Staff

Seth M. Gordon, MPA – President & CEO

Susan Hubbard – Director of Operations & Education

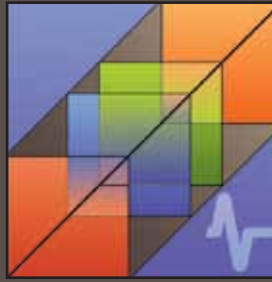
Thomas Nicotera, MHHA, JD – Director of Membership
& Public Affairs

Amy Shudt – Administrative Assistant

Save the date:

**October 17-21, 2012
Saratoga Hilton &
Saratoga Springs City Center
Saratoga Springs, NY**

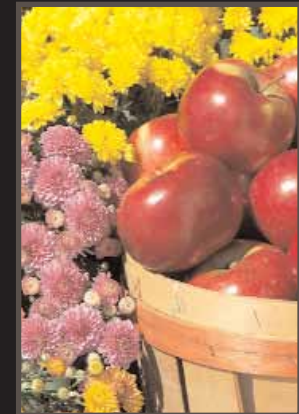




**INTEGRATING
HEALTH CARE
DELIVERY**

ANNUAL CONFERENCE 2011
NURSE PRACTITIONER ASSOCIATION NEW YORK STATE

OCTOBER 26-30, 2011 • SARATOGA HILTON & CITY CENTER • SARATOGA SPRINGS, NY



Nurse Practitioner Association New York State • 12 Corporate Drive • Clifton Park, NY 12065
P 518.348.0719 F 518.348.0720 W www.theNPA.org